





5:52

18:16

FORECAST



## FROM THE BRIDGE

All aboard 13:30

14:00

Departure DURBAN

Distance from Durban to Maputo: 317 nautical miles

10:00 \*

Arrival 8 March **MAPUTO** 

\*weather permitting

### NAUTICAL INFORMATION

Durban is the largest city in the South African province of KwaZulu-Natal. Durban is famous for being the busiest port in South Africa and Africa. Durban has a long tradition as a port city. Sailing as per program is planned for 14:00. After disembarkation of pilot we will set our bow in North easterly course bound for our next destination Maputo.

Suggested dress tonight: CASUAL



# Welcome ABOARD!

On behalf of the whole crew and everyone at MSC let me offer you a warm welcome on board MSC Sinfonia. Christened in 2004, the ship is 275 metres long and 32 metres wide. Like all the ships in the MSC fleet, MSC Sinfonia combines timeless elegance with cutting-edge technology, offering a wide range of recreation facilities and services for your enjoyment. Her 721 crewmembers are all here to ensure your personal comfort and safety and to help make your cruise unforgettable. Have a wonderful holiday!

The Captain, Paolo Russo



CAPTAIN PAOLO RUSSO



CHIEF ENGINEER

FRANCESCO DE GREGORIO

DOCTOR ABOARD

SIMONA PERTACHE

**EXECUTIVE CHEF** 

PIETRO DE ANGELIS

HOTEL DIRECTOR ELEONORA MARESCA

CRUISE DIRECTOR

STEPHEN CLOETE

**GUEST RELATIONS MANAGER** 

DIEGO IMPERATORE

#### COMPULSORY EMERGENCY DRILL FOR ALL GUESTS

An emergency exercise will be held today at approximately 13:30. International Safety Law requires all guests to participate. Please read the emergency instructions displayed behind your cabin door. When you hear the emergency signal (seven short blasts followed by one long blast of the ship's alarm) go to your cabin, collect your lifejacket from your wardrobe (without putting it on), take your Cruise Card given to you at check-in and proceed to your assigned Muster Station. If you cannot attend the drill due to disability or illness, please contact the Special Needs Hostess at Reception - Guest Service on Deck 5, Tel 99, to schedule a dedicated briefing. During the emergency exercise, all onboard services will be temporarily suspended.

#### MSC CRUISE GUIDE: IMPORTANT INFORMATION ABOUT LIFE ON BOARD AND EXCURSIONS

We want you to enjoy every aspect of your time on board, so please don't miss the MSC CRUISE GUIDE presentation. It will tell you all you need to know about making the most of your journey with us. Come along to our important presentation to find out more about life on board and see highlights of our excursions program.

16:15, Teatro San Carlo, deck 6

## FROM THE **EXCURSION OFFICE**

#### FIND OUT MORE ABOUT YOUR DESTINATIONS

The Excursion Office Team is delighted to invite you to the MSC Cruise Guide today, to find out all about the fantastic excursions scheduled during the cruise. Don't miss it!

16:15, Teatro San Carlo, deck 6

## IMPORTANT TO KNOW

#### GET ON BOARD FOR CHILDREN!

Since 2009, MSC cooperates with UNICEF to support building hope for children in need around the world. Today, we are working together to deliver Ready-to-Use Therapeutic Food in several countries and in crisis situations worldwide. Join us, "Get on board for children!" by donating as little as US\$ 1.5. For further info, please contact our Reception - Guest Service.

#### ONBOARD PAYMENTS

To make payments on board you must register at one of the Cruise Card Activation Point on decks 5 and 6 your credit card (Visa, MasterCard, Diners, American Express and Discover) either use a debit/prepaid card (Maestro, Visa Electron, Visa Debit, MasterCard Debit) to make a deposit on your Cruise Card. It is also possible to leave a cash deposit at Reception - Guest service. This can be done at any time from embarkation until 23:00 the following day, although your Cruise Card is active from the moment you board. Remember that your children's Cruise Cards will also be activated for purchasing, so please ensure they do not use them without your authorisation. An itemised statement will be sent to your cabin at the end of the cruise though you may check your account at any time. Any remaining balance on your Cruise Card won't be credited automatically on your debit or prepaid card either will be reimbursed in cash (in the onboard currency. For further details, please refer to the "Onboard Payments" flyer distributed on embarkation and available at Reception - Guest Service.

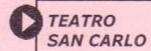
#### CHICCO PRODUCTS AVAILABLE FOR BABY TRAVELLERS

Are you travelling with children under the age of 3 ? Discover our new partnership with Chiccol Digital bottle warmers, strollers, bouncers and Caddy backpacks are at your disposal to make your cruise experience even more confortable. After use, you will have the opportunity to give us your opinion and help us in always ensuring a careful and timely service for the whole family. Please request your bottle warmer at the Reception - Guest service (deck 5) and the other range of products at the Mini Club (deck 11).

# ENTERTAINMENT HIGHLIGHTS

#### **BOOK YOUR THEATRE ENTRANCE IN ADVANCE!**

A Booking system has been introduced for our evening theatre shows to prevent non attendance at certain performances and overcrowding at others. Booking is free, quick and easy by using any of our touch screen booking systems around the ship or you can request assistance at our Guest Service desk, deck 5. Guests with reservations, please be seated 10 minutes prior to showtime otherwise your seating cannot be guaranteed. Guests with no reservation will be admitted a few minutes before show time, if space is available.



Tonight the Cruise Director Stephen presents

## **FABULOUS**

A journey back to the past with the music of the 60s 70s & 80s

The beautiful voice of Leo Granieri, the magic of Frantz and MSC Sinfonia International Dancers FABULOUS



MEMA

Please note that, due to copyright restrictions, use of recording devices is not permitted during performances. The theatre is a strictly non-smoking environment and food is not permitted. Strobe lighting, laser and smoke effects will be used during performances. These are harmless and non-toxic. Due to the use of the aisles by the arripts during the performance, we kindly request you to remain seated throughout the show. Reserving seats in the theatre is not allowed. Thank you and enjoy the show!

#### Deck 6

19:15, 20:45

- For first seating Guests, we recommend booking the later show
- Every Guest needs their own cruise card to enter the theatre

# **BOAST THE MOST GAME SHOW**

Think you know how other people think? Then join us for loads of laughs with this exciting new team game.

22:00, Teatro San Carlo, deck 6

# WELCOME RETRO PARTY

#### LET THE MUSIC TAKE YOU BACK IN TIME!

Join us for the RETRO PARTY! Dance to the best music from the 60s, 70s, 80s and 90s on a magical musical journey through time....

22:45, Pasha Club Disco, deck 12

#### CHILDREN AND TEENAGERS CLUBS









(3-6)

Mini Club Juniors Club Young Club Teens Club (7-11)

(12-14)

Come and discover the Mini and Juniors Club! You'll find us at decks 11 and 12. And for older children, why not join in the fun at the Young and Teens Club? Come and see at decks 6 and 12.

## **SERVICES & OPENING HOURS**

SERVICES & C	Telephone	Company of the Second
RECEPTION - Guest Service	reiephone	Deck
24h	99	5
WAKE UP SERVICE		
	follow instructions	
ROOM SERVICE		-
24h	99	
Snacks and beverages from our Root 24 hours a day. Except in cases of ill	m Service menu and Bar List	s are available
cabins,	mess, restaurant means are r	oc avaitable i
MEDICAL EMERGENCY	111	-
MEDICAL CENTER (charges ap)	oly)	
16:00-20:00	4087	7
Over-the-counter (OTC) drugs are a Perfumery Shop during opening hou	ers. With the exception of r	eoular motio
sickness medication, there is an a available on board. Medical services	dditional charge for the me	efical service
service. The list of charges applicable	are displayed at the Medica	Center (dec
7). EXCURSION OFFICE	Carried State of the Control of the Control	HAME TO THE OWN
14:00-23:30	4034	5
MSC VOYAGERS CLUB INFOP		
20:00-22:00	6093	5
DUTY FREE SHOP (Tobacco, I		
14:00-23:00 MSC LOGO SHOP	6621	5
14:00-23:00	6625	5
JEWELLERY	0023	
14:00-23:00	6640	5
BOUTIQUE		
14:00-23:00 PERFUMERY AND COSMETICS	6623	5
14:00-23:00	6624	5
GALLERY	0024	-
14:00-23:00	6639	5
INTERNET SINFONIA@CAFÉ 24h		-
PHOTO SHOP - PHOTOGRAPH	ERS	5
16:00-23:30	4063	6
SAN REMO CASINO (minimun	n age: 18+)	
Slot Machines: 15:00 Tables: 15:00-18:00		2
From 19:30		6
LIBRARY		
15:30-17:00		6
POOLS AND WHIRLPOOLS		
7:00-20:00 Any towels left unattended on lounge	ors or objects left unattende	d on dock for
more than 30 minutes may be remove	ed and taken to Reception - G	suest Service.
TOP 13 EXCLUSIVE SOLARIU	M (charges apply)	
9:00-21:00		
FITNESS CENTER 6:00-22:00		11
FITNESS CENTRE with gym in	structor	- 44
8:00-22:00	Market and the second	- 11
The gym welcomes guests aged 14 day. Please wear appropriate sportsw	years and over, from 6:00 t	o 22:00 each
can have a go, we ask you not to sper	nd more than 20 minutes on	any Individua
piece of equipment. MSC AUREA SPA		-
9:00-21:00	411244114	722
2.00-21.00	4113/4114	11
THERMAL AREA	4113/4114	11
	#113/4114	11
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THERMAL AREA 8:00-21:00 Access to the Thermal Area without s in the morning. The use of a towel is i	wimming suit is allowed from	-11
R:00-21:00 Access to the Thermal Area without s in the morning. The use of a towel is I BABY CLUB CHICCO	wimming suit is allowed from	11 8:00 to 9:00
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MSC SINFONIA Monday, 7 March 2016

#### DURBAN

BREA	KFAST, DINING & SNACK	S
Time	Service	Deci
Buffet La Terra available 20h/24	azza & Caffè del Mare	11
24h/24	Coffee, tea, water, ice and cre	amers
11:00 - 15:00	Buffet lunch	
11:00 - 24:00	Pizzeria	
11:00 - 16:00 19:00 - 22:00	Grill	
19:00 - 22:00	Dinner	
24:00 - 2:00	Midnight snacks	
Il Galeone, Re	staurant	5
11:00 - 13:00	Lunch	
18:00	1st Dinner seating	
20:30	2nd Dinner seating	
	e best service, please respect the above t after the start of each dinner sitting.	imes. Restaurar
Il Covo, Resta	urant	6
18:00	1st Dinner seating	
20:30	2nd Dinner seating	

	SERVICES	
Time	Location	Deck
Croissant		
7:00 - 12:00	Shelagh's House	5
Pizza Delivery	(charges apply)	
20:00 - 24:00	call 99 (Reception)	cabin
24-hour Room	Service	

### DINING RESERVATIONS

If your restaurant name and table number are not indicated on your Cruise Card, please visit the Asst. Maitre d'Hotel at Il Galeone Restaurant on deck 5 between 11:30 and 13:30 and from 17:30. Only one member of each family needs to attend, but please bring at least one Cruise Card for each cabin occupied by your group.

# TODAY'S ACTIVITIES

TIME		ACTIVITIES	LOCATION	DECK
AFTERNOON	On Departure	Sail-Away Party	Paol *	11
	15:00 17:00	Entertainment Team Meeting Point (Please note that sports equipment, board games and playing cards are available)	Pool +	11
EVENING	20:00	Batchata Dance Lesson	Sinfonia Lounge	6
	20:00	Mega Bingo Guaranteed Prize \$ 300	Manhattan Bar	5
	21:30 23:00	Be a Karaoke Super Star!	Manhattan Bar	5
	22:00	Club Quiz	Sinfonia Lounge	6
	22:00	Boast the Most Game Show	Teatro San Carlo	6
	22:45	Welcome Retro Party with our DJ	Pasha Club Disco	12
	From 00:00	Disco Night With our MSC DJ	Pasha Club Disco	12

<sup>\*</sup> In case of adverse weather conditions the activity will take place in the Manhattan Bar, deck 5.

### DRESS CODE FOR THE EVENING (from 18:00)

#### INFORMAL



Ladies: Informal dress or trousers and blouse. Gentlemen: jacket and trousers (no jeans).

#### CASUAL



Ladies: dress, trousers suit or sporty outfit. Gentlemen: t-shirt, trousers or jeans.

#### THEME PARTY



Indications of how to dress will be provided in the Daily Program on the day of the event.

Tank-tops, bikini, bathrobes and bare feet in any indoor restaurants or buffet areas are not permitted at any time. No shorts in restaurants for dinner.

#### THE CRUISE CARD

The Cruise Card given to you at embarkation serves as your personal ID, cabin key and "cruise credit card" for purchasing products and services on board. For security reasons, you must show your Cruise Card at the gangway each time you go ashore or return to the ship. If you misplace your card, please inform Reception - Guest service immediately. Your card will then be blocked for safety reasons until a new one is issued. On your card you'll find a number to call in the event of any emergency while you're ashore. Please do not store the Cruise Card near electronic or metal objects that may demagnetise it, such as mobile phones, cameras, credit cards or lighters.

#### TEEN CARD FOR FUN ONBOARD

The "Teen Card" is a unique, prepaid card designed exclusively for our younger guests. Children and teenagers under 18 can use the card to make small purchases on board to play all videos games on board, as well as using it as an access card for their cabin. These great value, easy-to-use cards are available in \$30 or \$50 versions, and come with additional bonus credit of \$5 (if you choose the \$30 card) or \$10 (for the \$50 card). To buy a Teen Card, just fill in the form you will find at Reception – Guest service (deck 5). The card will be delivered directly to your cabin. Please note that the Teen Card is non-refundable, so any amount left on the card at the end of the cruise will not be reimbursed.

# MUSIC ON BOARD

" CHEEK TO CHEEK..."
International dance music
with Sebastian, Toxic Candy & Charlie
From 17:15 until late
Manhattan Bar - deck 5

"MUSIC & BEER..."
Blues... and good beer!
In the company of Vernon, Jaco & Christopher
From 18:30 until late
Shelagh's House - deck 5

"A SONG FOR YOU"
Listen to the most beautiful songs ever written performed by Duo Crystal & Jaco and request your favourites!
From 18:45 until late
Buddha Bar - deck 6

"DANCE!"
International music and group dances
with Just Magic & Christopher
From 19:00 until late
Sinfonia Lounge - deck 6

" ELEGANT HANDS ON THE PIANO " With Sebastian From 18:45 until 23:00 Le Baroque - deck 6

"MUSIC & SUN "
International music
with our DJ
From 11:30 until 16:30
Pool - deck 11

"AFTERNOON BEAT International music with Christopher From 16:30 until 18:15 Pool - deck 11

Note: during live performances musicians may take short breaks between sets.

# **BARS & LOUNGES**

Time	Bar	Deck
From 7:00	From 7:00 Manhattan Bar Wine and Aperitif Lounge	
From 7:00	Shelagh's House Beer and Premium Spirit Corner	5
From 17:00	Caffè Le Baroque Coffee Corner	6
From 17:00	Buddha Bar Mixologist Bar	6
From 16:30	San Remo Casino Bar	6
From 8:00	Capri Bar	11
From 6:30	Caffè del Mare	11
10:00-18:00	Ice Cream Bar Italian Gelateria	11
10:00-17:00	Vitamin Bar Enjoy the colour	11
From 22:45	Pasha Club Disco	12

## OUR AGENCY IN DURBAN

Agency MSC DURBAN 54 WINDER STREET - P.O. BOX 10687 - MARINE PARADE 4056 DURBAN 4001 - SOUTH AFRICA Tel No: 0860 11 44 11

MSC Sinfonia: 00870-335671611/21 \*
\* Satellite number - please check with your telephone operator.



