



5:48

18:11

TODAY'S FORECAST



22°C min 27°C max

FROM THE BRIDGE

Distance from Portuguese Island to Durban: 313 nautical miles

6:00 *

Arrival 11 March
DURBAN

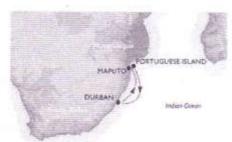
* Weather Permitting.

NAUTICAL INFORMATION

The ship will navigate throughout the day with a SSW course along the South African coast, at a minimum distance of 10 nautical miles. The MSC Sinfonia will remain close to the South African coast cruising with the strong Agulhas Current. The Agulhas Current is, like the Gulf Stream, one of the strongest currents in the world. It carries warm and salty water from the tropical Indian Ocean along South Africa's east coast.

Suggested dress tonight: CASUAL





AT SEA

The ship will spend one full day at sea. It's the perfect time to enjoy the numerous activities organized by our team and the many entertainment opportunities onboard. From the swimming pools to the spa, from the shops to the bars, you can do as much or as little as you please.

DID YOU KNOW?

PAMPERED ON THE WAVES

MSC Aurea Spa adds a unique dimension to life aboard, enabling every guest to plot their own personal path to health, wellness and beauty with 21 kinds of massage, 13 body treatments and 8 facials - many of them exclusive creations. With its exotic interiors and superb sea views, each visit is a magical experience.

MASTERS OF THE SEA AT YOUR SERVICE

At MSC, we have a long and grand history of sailing. Having explored the seas for over 300 years, we're now the world's second-largest shipping company, with almost 450 vessels sailing to all corners of the globe. With such a large fleet, you can feel assured that this mastery of the sea is evident in everything we do. Our expertise, passion and professionalism can be relied upon to provide a host of truly enriching experiences for our Guests on every cruise.

IMPORTANT INFORMATION ABOUT DISEMBARKATION IN DURBAN

Your cruise is coming to an end. We hope you have enjoyed many wonderful moments on board. We look forward to seeing at least one member of your family or group at this meeting about disembarkation procedures. Thank you very much for your co-operation.

9:45, Teatro San Carlo, deck 6

AUTHORS CORNER: SCAMMED

Stephen, author of the book 'Scammed', will introduce you to the world of scams, hoaxes and cons. Get some valuable tips on how to scam proof your life and your business.



10:15, Teatro San Carlo, deck 6

FROM THE EXCURSION OFFICE

Want to explore Durban? Still a fw places available from the excursion office.

EXCURSION OFFICE, DECK 5

IMPORTANT TO KNOW

TRANSFER SERVICE

If you need a transfer from the port to King Shaka International Airport you can ask for information and assistance at the Guest Services, Reception, deck 5 before 16:00 on 10 March 2016.

BACK TO BACK CRUISES

We kindly ask Guests who will be remaining on board MSC Sinfonia next cruise to bring their tickets to the Reception – Guest Service, deck 5.

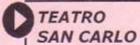
ALCOHOL POLICY

Guests over the age of 18 may purchase alcoholic drinks on board. No beverages may be brought on board for use during the cruise. Any bottles found in carry-on baggage on your return from excursions ashore will be held and returned to you at the end of the cruise. Alcohol purchased in the ship's shops will be delivered before your disembarkation.

BEACH AND POOL TOWELS & DECK CHAIRS

Deck chairs are available on the pool and sun decks and in the aft section of most accommodation decks. Chairs may not be reserved or held unused for long periods. Towels are provided in your cabin for both beach and pool use. After usage they can be placed in the bathroom of your cabin, where they will be replaced with fresh ones by our crew every night. Towels may not be left at the pool area or at the beach. In case towels are not returned, the amount of 20 USD will be charged to your onboard bill. In order to keep the deck areas tidy, any item left unattended more than 30 minutes may be removed and taken to Reception -Guest Service, deck 5.

ENTERTAINMENT HIGHLIGHTS



Tonight the Cruise Director Stephen presents:

NATURE

Main artists: Duo Elegance, the voices of Leo and Anahit and the Danger Zone Boys



To enjoy the evening show in the theatre, remember to book your entrance in advance. Booking is quick, free and easy at any of our touch screen booking systems around the ship or you can request assistance at the Guest Services, deck 5. Guests with reservations, please be seated 10 minutes prior to show time otherwise your booking cannot be guaranteed. Guests with no reservation will be admitted a few minutes before show time, if space is available.

Please note that, due to copyright restrictions, use of recording devices is not permitted during performances. The theatre is a strictly non-smoking environment and food is not permitted. Strobe lighting, laser and smoke effects will be used during performances. These are harmless and non-toxic. Due to the use of the aisles by the artists during the performance, we kindly request you to remain seated throughout the show. Reserving seats in the theatre is not allowed. Thank you and enjoy the show!

Deck 6

19:15, 20:45

* For first seating Guests, we recommend booking the later show * Every Guest needs their own cruise card to enter the theatre.

WHAT LYRIC IS NEXT? GAME SHOW

Are you a virtuoso or a beginner? A series of music questions and musical challenges will separate the pitch perfect from the tone deaf in this Entertaining game.

15:30, Teatro San Carlo, deck 6

OTHE BINGO SHOW

Starring the crazy, zany Bingo Boys.

Lots of laughs and mayhem guaranteed.

WIN UP TO \$ 25,000 IN TODAY'S MEGA BINGO GAME!

Complete your card within the first 40 numbers called to win \$ 25,000! Hit the jackpot between 41 and 44 numbers and win \$ 10,000!

GUARANTEED PRIZE OF \$ 300

Buy your cards 30 minutes before the game starts. Torn cards will not be accepted

16:30, Teatro San Carlo, deck 6

CLUB QUIZ

Our nightly pub style quiz is great for teams and solo players.

Bring your friends or make new ones and see
who will be crowned brains of the day.

22:00, Sinfonia Lounge, deck 6

NOVELTY QUEST GAME SHOW

Be a part of the biggest treasure hunt on the seas! Will your team be the first to produce all the mystery items requested? Win or lose, fun is guaranteed!

22:00, Manhattan Bar, deck 5

SERVICES & OPENING HOURS

	Telephone	Deck
RECEPTION - Guest Service 24h	99	5
WAKE UP SERVICE	33	3
	follow instructions	
ROOM SERVICE		mwr I i i i i
24h	99	
Snacks and beverages from our Room Service		4 hours a day
Except in cases of illness, restaurant meals a		Maria de la companione de
MEDICAL CENTER (SECTION)	111	
MEDICAL CENTER (charges app 16:00-20:00	4087	7
Over-the counter (OTC) drugs are available for appraise from With the exception of regular mot	in the Redical Centre and the Perfum-	Social charge to
the medical services available on board. Hedical so list of charges applicable are displayed at the Hedi	stylces can be requested at Reception - G	uest service. Th
EXCURSION OFFICE		
9:00-12:00 17:00-20:00	4034	5
MSC VOYAGERS CLUB INFORC	TNIC	
9:00-12:00	2003	-
16:00-18:00 21:00-22:00	6093	5
DUTY FREE SHOP (Tobacco, li	queurs and snacks)	
9:30-23:00	6621	5
MSC LOGO SHOP 9:30-23:00	6625	5
JEWELLERY	0023	-
9:30-23:00	6640	5
9:30-23:00	6623	5
PERFUMERY AND COSMETICS		3
9:30-23:00	6624	5
GALLERY 0.20.22.00	6630	5
9:30-23:00 INTERNET SINFONIA@CAFÈ	6639	3
24h		5
PHOTO SHOP - PHOTOGRAPH		-
9:00-23:30 SAN REMO CASINO (minimum	4063 n age: 18+)	6
Slot Machines: From 9:00		West of
Tables: 13:00-18:00 From 19:30		6
LIBRARY		
11:00-12:00 (Returns Only)		6
7:00-20:00		11
Any townis with unattended on loungers or objects	left unattended on deck for more than 30	
TOP 13 EXCLUSIVE SOLARIUM	M (charges apply)	
9:00-21:00		7775
FITNESS CENTER		and the latest and th
6:00-22:00 FITNESS CENTRE with gym in	structor	11
8:00-22:00		11
The gym wekomes guests aged 14 years and ave	er, from 6:00 to 22:00 each day. Heavy	THE RESERVE OF THE PARTY OF THE
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### ### ### ### ### ### ### ### ### ##	4113/4114 4113/4114 g suit is allowed from 3:00 to 9:00 Details in Mini Club Program - 4108	11 11 in the morning
### ### ### ### ### ### ### ### ### ##	4113/4114 4113/4114 g suit is allowed from 8:00 to 9:00 Details in Mini Club	11 11 in the morning
### ### ### ### ### ### ### ### ### ##	Details in Mini Club Program - 4108 Details in Juniors Club Program	11 11 in the morning
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MSC SINFONIA Thursday, 10 March 2016

AT SEA

Time	Service	Deck
Buffet La Terra available 20h/24	azza & Caffè del Mare	11
24h/24	Coffee, tea, water, ice and crea	amers
6:00 - 6:30	Early Breakfast	
6:30 - 11:15	Breakfast	
12:00 - 15:00	Buffet lunch	
11:30 - 24:00	Pizzeria	
11:30 - 16:00 19:00 - 22:00	Grill	
16:00 - 17:00	Afternoon Snacks	
19:00 - 22:00	Dinner	
24:00 - 2:00	Midnight Snacks	
Il Galeone, Re	staurant	5
7:30 - 9:30	Breakfast	
11:45 - 14:00	Lunch	
18:00	1st Dinner seating	
20:30	2nd Dinner seating	
	be best service, please respect the above ti after the start of each dinner sitting.	mes. Restaurar
Il Covo, Resta	urant	6
18:00	1st Dinner seating	
20:30	2nd Dinner seating	

	SERVICES	
Time	Location	Deck
Croissant	71	
7:00 - 12:00	Shelagh's House	5
Breakfast - Ro	om Service	
7:30 - 10:00	Cabin Breakfast: complete doorknot outside the door before 2:00 on desire	
Pizza Delivery	(charges apply)	
20:00 - 24:00	call 99 (Reception)	cabin
24-hour Room	Service	

TODAY'S ACTIVITIES

TIME		ACTIVITIES	LOCATION	DECK
	9:00 12:00	Entertainment Team Meeting Point (Please note that sports equipment, board games and playing cards are available)	Pool *	11
Ī	10:00	Good Morning Game	Pool *	11
	10:15	Presentation: Scammed The Art of the Con	Teatro San Carlo	6
	10:30	Table Soccer Tournament	Pool *	11
MO	10:30	Meeting Point for Bridge Players	Il Covo	6
MORNING	10:30	Doremi Chef	Pasha Club Disco **	12
9	10:30	Crazy Waiter	Pool *	11
	10:30	Crafty Corner	Manhattan Bar	5
	11:00	Balloon Goons Game	Pool *	11
	11:00	Teens Club Live Flash Mob	Pool *	11
	11:30	Fabulous Fact or Fiction Quiz	Manhattan Bar	5
	11:30	Mega Bingo (Guaranteed Prize \$ 300)	Pool *	11
	15:00 17:00	Entertainment Team Meeting Point (Please note that sports equipment, board games and playing cards are available)	Poal *	11
	14:30	Doremi Family Bingo	Sinfonia Lounge **	6
	15:00	Good Afternoon Game	/ Pool *	11
	15:00	Shipflix	Business Centre	б
AF	15:30	Pool Olympics	Pool *	11
7	15:30	What Lyric is Next? Game Show	Teatro San Carlo	6
NOO	16:00	Memory Game	Pool *	11
	16:00	Doremi Pool Parade	Pool **	11
	16:00	Teens Club Live Hey Mr DJ	Pasha Club Disco	12
	16:15	Meet & Greet Mascots Doremi & Lego Sailor	Juniors Club **	12
	16:30	Putting Contest	Pool *	11
	16:30	The Bingo Show Guaranteed Prize \$ 300	Teatro San Carlo	- 6
	20:00	Dance Lesson	Sinfonia Lounge	6
	20:45	MSC Kid's Parade	Teatro San Carlo **	6
EVE	22:00	Teen Club Live Girl's Generation	Pasha Club Disco	12
EVENING	22:00	Club Quiz	Sinfonia Lounge	. 6
	22:00	Novelty Quest Game Show	Manhattan Bar	5
	22:45	Disco Night With our DJ	Pasha Club Disco	12

In case of adverse weather conditions the activity will take place in the Manhattan Bar, deck 5.

** Kid's Activities

MUSIC ON BOARD

"CHEEK TO CHEEK..."
International dance music
with Sebastian, Toxic Candy & Charlie
From 17:15 until late
Manhattan Bar - deck 5

" MUSIC & BEER..."

Blues... and good beer!

In the company of Vernon, Jaco & Christopher
From 18:30 until fate

Shelagh's House - deck 5

"A SONG FOR YOU"
Listen to the most beautiful songs ever written performed by Duo Crystal & Jaco and request your favourites!
From 18:45 until late
Buddha Bar - deck 6

"DANCE!"
International music and group dances
with Just Magic & Christopher
From 19:00 until late
Sinfonia Lounge - deck 6

" ELEGANT HANDS ON THE PIANO "
With Sebastian
From 18:45 until 22:45
Le Baroque - deck 6

"MUSIC AND SUN" International music with Christopher From 17:00 until 18:45 Pool - deck 11

Note: during live performances musicians may take short breaks between sets.

BARS & LOUNGES

Time	Bar	Deck
From 7:00	Manhattan Bar Wine and Aperitif Lounge	5
From 7:00	Shelagh's House Beer and Premium Spirit Corner	5
From 17:00	Caffè Le Baroque Caffee Carner	6
From 17:00	Buddha Bar Mixologist Bar	6
From 10:00	San Remo Casino Bar	6
From 8:00	Capri Bar	11
From 6:30	Caffè del Mare	11
10:00-18:00	Ice Cream Bar Italian Gelateria	11
10:00-17:00	Vitamin Bar Enjoy the colour	11
From 22:45	Pasha Disco Club	12

TODAY'S MOVIES

IN YOUR CABIN - CHANNEL 25

1:15 FURIOUS 7 3:45 GET HARD 5:30 PAUL BLART - MALL COP 2 7:15 TINKER BELL AND THE LEGEND OF THE NEVERBEAST 8:45 THE AGE OF ADALINE 10:45 AVENGERS - AGE OF

ULTRON
13:15 RUN ALL NIGHT
15:15 HOT PURSUIT
17:00 MAD MAX - FURY
ROAD
19:30 SAN ANDREAS
21:30 INSIDE OUT
23:15 NOAH