

DAILY program

MSC SINFONIA Tuesday, 8 March 2016



5:47

18:10

TODAY'S
FORECAST



22°C min
36°C max

FROM THE BRIDGE

10:00* Arrival
MAPUTO

All aboard
4:15
9 March

6:00* Departure
9 March
MAPUTO

Distance from
Maputo to Portuguese Island:
11 nautical miles

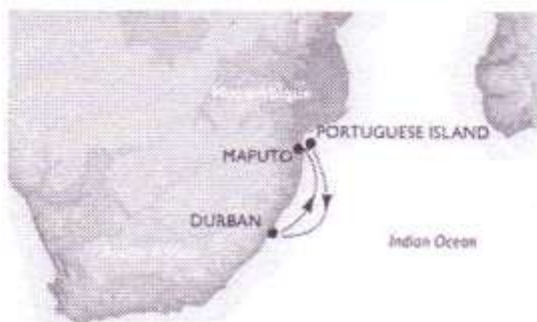
9:00* Arrival
PORTUGUESE
ISLAND

*weather permitting

NAUTICAL INFORMATION

In the early morning we will pass through the entrance of Maputo Bay, proceed through the channel. The ship will dock at approximately 10:00. Maputo, known as Lourenço Marques before independence, is the capital and largest city of Mozambique. Today, it is a port city on the Indian Ocean, with its economy centered on the harbour. Maputo is located on the west side of Maputo Bay, near the Estuário do Espírito Santo where the rivers Tembe, Umbeluzi, Matola and Infulene drain.

Suggested dress tonight:
INFORMAL



Welcome to
MAPUTO
(Mozambique)

Modelled on the Portuguese harbour cities such as Lisbon and Porto, Maputo's wide Avenidas (Avenues) are lined with pavements inlaid with attractive black-and-white stone mosaics. Laid out in a grid pattern in 1847, the long avenues extend at right angles to Avenida Da Marginal - a promenade area where vendors exhibit their wares. The short avenues traverse Maputo Hill away from the bay.

DISSEMBARKATION PROCEDURES

Please note that, when we arrive in Maputo, disembarkation will not begin until we receive permission from the local authorities to commence. Please remember to show your Cruise Card at the gangway exit. We advise you to leave your passport on board for safekeeping.

SHUTTLE BUS MAPUTO

We have organised an alternative way to see Maputo: a shuttle bus service, departing approximately every 45 minutes stopping at Praça de Independência where you walk around Town Hall, the Cathedral, Central Mozambique Cultural Centre and the Steel House at your own pace. Tickets cost \$ 16.90 for adults and children, and are available from the Excursion Office, deck 5, today from 7:00 to 12:00 and thereafter directly at the pier. The shuttles will run approximately at 45 minute intervals:

Shuttle Bus Group A departs around 10:45

Shuttle Bus Group B departs around 11:30

Shuttle Bus Group C departs around 12:15

Shuttle Bus Group D departs around 13:00

Shuttle Bus Group E departs around 13:45

Shuttle Bus Group F departs around 14:30

First shuttle from ship to City Centre: 10:45

Last shuttle from ship to City Centre: 16:00

Last shuttle from City Centre to ship: 17:00

EXCURSIONS

Time	EXCURSION	Meeting Point	Deck
10:00	MAP01 City Tour (1st Departure)	Teatro San Carlo	6
10:00	MAP21 Down Town Walking Tour (1st Departure)	Teatro San Carlo	6
10:15	MAP06 City Tour & lunch at Costa Do Sol	Teatro San Carlo	6
13:45	MAP33 Panoramic Tour with High Tea at Polana Hotel	Teatro San Carlo	6
13:45	MAP01.A City Tour (2nd departure)	Teatro San Carlo	6
13:45	MAP21.A Down Town Walking Tour (2nd departure)	Teatro San Carlo	6
18:45	MAP32 Panoramic Tour & Dinner at Costa Do Sol	Manhattan Bar	5

FROM THE EXCURSION OFFICE

MAPUTO: Savour the blend of African and Portuguese colonial cultures in this vibrant city.

Excursion Office - Deck 5

IMPORTANT TO KNOW

ENTRY VISA FOR MOZAMBIQUE

In compliance with immigration regulations, all guests without an SADC passport will be charged \$ 25 to their Cruise Card for the visa needed to enter Mozambique. SADC Passports include: Mozambique, Zambia, Zimbabwe, South Africa, Swaziland, Botswana, Lesotho, Angola, Malawi, Namibia, Mauritius, Democratic Republic of Congo, Tanzania and Seychelles. Please note: you do not have to take your passport ashore!

CAREFUL WHAT YOU BUY!

We strongly advise our Guests not to buy wooden products from this area as they may contain wood boring beetles, which can cause considerable damage. To protect local wildlife, please do not buy any turtle-shell or coral products.

A TRIBUTE TO WOMEN AROUND THE GLOBE

On 8 March each year, people all over the world celebrate International Women's Day. But did you know this day of respect, appreciation and love for women began as a socialist event? First proposed by the Socialist Party of America in 1909, the idea began spreading across the globe the next year, thanks to an International Conference of Working Women in Copenhagen. Happy International Women's Day from everyone at MSC!

SMOKING AREAS

Smoking is permitted in several locations on each ship, and on one side (indicated by signage) of the main pool deck. Please refrain from throwing cigarette butts over the side of the ship, as they could be blown back on board and start a fire. Smoking of cigars is only permitted in the dedicated "Cigar Lounge", where available, or in smoking areas on the open decks. Smoking (including electronic cigarettes) is not permitted at any time in buffets, restaurants, medical centres, childcare areas, corridors, elevator foyers, public toilets, theatre, near food service areas in bars or in any area where groups are assembled for safety exercises, disembarkation or tour departures and in cabins or on cabin balconies. If evidence of smoking is found, a supplementary cleaning fee of \$ 70 will be added to your account.

EXHAUSTED BATTERIES COLLECTION

To help us maintain our high standards of environmental responsibility and quality management, please note that any old or exhausted batteries can be disposed of at the Reception - Guest Service, deck 5 or at the Photo Shop, deck 6.

ENTERTAINMENT HIGHLIGHTS

▶ **TEATRO SAN CARLO**

Tonight the
Cruise Director
Stephen
presents:

MOVIES

*A tribute to the Golden Age of the Silver
Screen from yesteryear until today.*

*Main artists:
Aerial act of **Tatiana**,
the contortionist **Gherel** and
the amazing **Danger Zone Boys***



To enjoy the evening shows in the theatre, remember to book your entrance in advance. Booking is quick, free and easy at any of our touch screen booking systems around the ship or you can request assistance at the guest services desk, deck 5. Guests with reservations please be seated 10 minutes prior to show time otherwise your seating cannot be guaranteed. Guests with no reservation will be admitted a few minutes before show time, if space is available.

Please note that, due to copyright restrictions, use of recording devices is not permitted during performances. The theatre is a strictly non-smoking environment and food is not permitted. Strobe lighting, laser and smoke effects will be used during performances. These are harmless and non-toxic. Due to the use of the aisles by the artists during the performance, we kindly request you to remain seated throughout the show. Reserving seats in the theatre is not allowed. Thank you and enjoy the show!

Deck 6

19:15, 20:45

- * For first seating Guests, we recommend booking the later show
- * Every Guest needs their own cruise card to enter the theatre

▶ **AROUND THE WORLD IN 80 FLAGS**

Stephen presents a fascinating and light hearted lecture on flags of the world.

16:45, Teatro San Carlo, deck 6

▶ *Meet the Captain*

Captain Paolo Russo

invites you to the Caffè Le Baroque, on deck 6, where he will personally meet and greet you. Here you will have the opportunity to take a photo with him from **19:45 to 20:30**.

▶ **CHA CHA CHA DANCE LESSON**

Learn to dance and impress your friends! Our Entertainment team is ready to teach you some amazing moves.

20:00, Sinfonia Lounge, deck 6

▶ **"ME, MYSELF & I"**

Stephen reminisces about his last two decades at sea, sharing his favourite anecdotes.

This presentation may not be suitable for younger audiences due to adult content. Parental guidance is advised.



22:00, Teatro San Carlo, deck 6

SERVICES & OPENING HOURS

Time	Telephone	Deck
RECEPTION - Guest Service		
24h	99	5
WAKE UP SERVICE		
<i>Push *# and follow instructions</i>		
ROOM SERVICE		
24h	99	
Snacks and beverages from our Room Service menu and Bar Lists are available 24 hours a day. Except in cases of illness, restaurant meals are not available in cabins.		
MEDICAL EMERGENCY		
	111	
MEDICAL CENTER (charges apply)		
16:00-20:00	4087	7
Over-the-counter (OTC) drugs are available from the Medical Centre and the Perfumery Shop during opening hours. With the exception of regular motion sickness medication, there is an additional charge for the medical services available on board. Medical services can be requested at Reception - Guest Service. The list of charges applicable are displayed at the Medical Center (deck 7).		
EXCURSION OFFICE		
7:00-12:00		
16:00-23:30	4034	5
MSC VOYAGERS CLUB INFOPOINT		
17:00-18:30		
20:00-22:00	6093	5
DUTY FREE SHOP (Tobacco, liqueurs and snacks)		
16:00-23:00	6621	5
MSC LOGO SHOP		
16:00-23:00	6625	5
JEWELLERY		
16:00-23:00	6640	5
BOUTIQUE		
16:00-23:00	6623	5
PERFUMERY AND COSMETICS		
16:00-23:00	6624	5
GALLERY		
16:00-23:00	6639	5
INTERNET SINFONIA@CAFÉ		
24h		5
PHOTO SHOP - PHOTOGRAPHERS		
16:00-23:30	4063	6
SAN REMO CASINO (minimum age: 18+)		
Slot Machines: Closed		
Tables: Closed		6
LIBRARY		
9:30-11:00 & 15:30-17:00		6
POOLS AND WHIRLPOOLS		
7:00-20:00		11
Any towels left unattended on loungers or objects left unattended on deck for more than 30 minutes may be removed and taken to Reception - Guest Service.		
TOP 13 EXCLUSIVE SOLARIUM (charges apply)		
9:00-21:00		
FITNESS CENTER		
6:00-22:00		11
FITNESS CENTRE with gym instructor		
8:00-22:00		11
The gym welcomes guests aged 14 years and over, from 6:00 to 22:00 each day. Please wear appropriate sportswear, including sneakers. So that everyone can have a go, we ask you not to spend more than 20 minutes on any individual piece of equipment.		
MSC AUREA SPA		
9:00-21:00	4113/4114	11
THERMAL AREA		
8:00-21:00		11
Access to the Thermal Area without swimming suit is allowed from 8:00 to 9:00 in the morning. The use of a towel is highly recommended.		
BABY CLUB CHICCO		
9:00-13:00		
15:00-17:00		11
18:00-21:00		
MINI CLUB ACTIVITIES		
9:00-23:00	Details in Mini Club Program - 4108	11
JUNIORS CLUB ACTIVITIES		
9:00-23:00	Details in Juniors Club Program	
KIDS AROUND THE CLOCK (charges apply)		
23:00-2:00	4108	11
Reservations until 18:00		
YOUNG CLUB ACTIVITIES		
15:00-18:00	Details in Young Club Program	6
20:00-24:00		
TEENS CLUB ACTIVITIES		
15:00-18:00	Details in Teens Club Program	6
20:00-24:00		

▲ FOLD HERE



DAIly planner

MSC SINFONIA Tuesday, 8 March 2016

MAPUTO

BREAKFAST, DINING & SNACKS		
Time	Service	Deck
Buffet La Terrazza & Caffè del Mare <i>available 20h/24</i>		11
24h/24	Coffee, tea, water, ice and creamers	
6:00 - 6:30	Early bird breakfast	
6:30 - 11:15	Breakfast	
12:00 - 15:00	Buffet lunch	
11:30 - 24:00	Pizzeria	
11:30 - 16:00 19:00 - 22:00	Grill	
16:00 - 17:00	Afternoon Snacks	
19:00 - 22:00	Dinner	
24:00 - 2:00	Midnight snacks	
Il Galeone, Restaurant		5
7:30 - 9:30	Breakfast	
11:45 - 14:00	Lunch	
18:00	1st Dinner seating	
20:30	2nd Dinner seating	
In order to offer you the best service, please respect the above times. Restaurant doors will close 15 min after the start of each dinner sitting.		
Il Covo, Restaurant		6
18:00	1st Dinner seating	
20:30	2nd Dinner seating	

SERVICES		
Time	Location	Deck
Croissant		
7:00 - 12:00	Shelagh's House	5
Breakfast - Room Service		
7:30 - 10:00	Cabin Breakfast: complete doorknob menu and place outside the door before 2:00 on desired morning.	
Pizza Delivery (charges apply)		
20:00 - 24:00	call 99 (Reception)	cabin
24-hour Room Service		

TODAY'S ACTIVITIES

	TIME	ACTIVITIES	LOCATION	DECK
MORNING	9:00 12:00	Entertainment Team Meeting Point (Please note that sports equipment, board games and playing cards are available)	Pool *	11
	9:30	Crafty Corner	Manhattan Bar	5
AFTERNOON	15:00	Shipflix: Antman	Business Centre	6
	15:30 17:00	Entertainment Team Meeting Point (Please note that sports equipment, board games and playing cards are available)	Pool *	11
	15:30	Afternoon Game	Pool *	11
	16:00	Golf Chipping	Pool *	11
	16:00	Italian Lesson	Manhattan Bar	5
	16:30	Fabulous Fact or Fiction Quiz	Manhattan Bar	5
	16:30	Music Quiz	Pool *	11
EVENING	16:45	Around the World in 80 Flags	Teatro San Carlo	6
	20:00	Cha Cha Dance Lesson	Sinfonia Lounge	6
	20:00	Let's Bet Game	Manhattan Bar	5
	20:30	Doremi Carnival Games 	Pasha Club Disco **	12
	22:00	Movie Quiz	Sinfonia Lounge	6
	22:00	Queen of the Sea's	Manhattan Bar	5
	22:00	Me, Myself & I	Teatro San Carlo	6
	22:00	Teens Club Live Boy's Generation	Pasha Club Disco	12
22:45	Fluo Party With our DJ	Pasha Club Disco	12	

* In case of adverse weather conditions the activity will take place in the Manhattan Bar, deck 5.
** Kid's Activities



VOYAGERS CLUB INFO POINT

MSC VOYAGERS CLUB INFOPOINT

Discover the MSC Voyagers Club and start enjoying a world of exclusive privileges and discounts. Joining the MSC Voyagers Club is quick, easy and free. Contact your Cruise consultant Tracy at deck 5 from **17:00 to 18:30** and from **20:00 to 22:00**. Tracy will also be at your disposal to help you choose your next cruise.

OUR AGENCY IN MAPUTO

Agency MSC MOZAMBIQUE (Maputo)
Rua dos Desportistas/Anterrio do Maxaquene N 833
predio Jat V bloco 1 8A° esquerdo
Tel. 00258 21302154-7
MSC Sinfonia: 00870-335671611/21 *
* Satellite number - please check with your telephone operator.

MUSIC ON BOARD

" CHEEK TO CHEEK... "
International dance music
with **Sebastian, Toxic Candy & Charlie**
From 17:15 until late
Manhattan Bar - deck 5

" MUSIC & BEER... "
Blues... and good beer!
In the company of **Vernon, Jaco & Christopher**
From 18:30 until late
Shelagh's House - deck 5

" A SONG FOR YOU "
Listen to the most beautiful songs ever
written-performed by **Duo Crystal & Jaco**
and request your favourites!
From 18:45 until late
Buddha Bar - deck 6

" DANCE! "
International music and group dances
with **Just Magic & Christopher**
From 19:00 until late
Sinfonia Lounge - deck 6

" ELEGANT HANDS ON THE PIANO "
With **Sebastian**
From 18:45 until 23:00
Le Baroque - deck 6

" SUNSET SOUNDS "
International music
with **Christopher**
From 16:30 until 18:15
Pool - deck 11

BARS & LOUNGES

Time	Bar	Deck
From 7:00	Manhattan Bar <i>Wine and Aperitif Lounge</i>	5
From 7:00	Shelagh's House <i>Beer and Premium Spirit Corner</i>	5
From 17:00	Caffè Le Baroque <i>Coffee Corner</i>	6
From 17:00	Buddha Bar <i>Mixologist Bar</i>	6
From 8:00	Capri Bar	11
From 6:30	Caffè del Mare	11
10:00-18:00	Ice Cream Bar <i>Italian Gelateria</i>	11
10:00-17:00	Vitamin Bar <i>Enjoy the colour</i>	11
From 22:45	Pasha Club Disco	12

TODAY'S MOVIES

IN YOUR CABIN - CHANNEL 25

1:15 PAUL BLART - MALL COP 2
3:00 GET HARD
4:45 PITCH PERFECT 2
6:45 FURIOUS 7
9:15 THE AGE OF ADALINE
11:15 RUN ALL NIGHT

13:15 AVENGERS - AGE OF ULTRON
15:45 HOT PURSUIT
17:30 MAD MAX - FURY ROAD
19:45 SAN ANDREAS
21:45 NOAH